



# Walking on Clouds with Marion Yau at the Harley Medical Foot & Nail Clinic

**M**eting podiatry specialist, Marion Yau, for the first time was like greeting an old friend; immediately her warmth and enthusiasm, blended with her obvious passion and professionalism, meant that I instantly felt relaxed enough to get down to the business of discussing the technicalities of toes and feet and how best to treat them! Our feet are very hard working and are often neglected but a little maintenance and TLC will keep them walking, and working, for you for years to come. Marion recommends treating our feet to a good moisturizer every day – in her view we should spend more time on our feet than our face! And I guess she would say that, but actually she does have a point! Our feet do have to take a lot of stress.

**A human foot and ankle is a complex mechanical device containing 26 bones, 33 joints and more than 100 muscles, tendons and ligaments.**

A native of Vancouver, Canada, Marion came to the UK to study Podiatric Medicine in 2004, gaining an honours degree before going on to achieve a distinction with her masters and, most recently, completing a doctorate in the treatment of fungal nail infections. In between she met and married her GP partner and has been treating podiatry clients in London's medical mecca, Harley Street, for the past five years. Marion is frequently invited to share her podiatry expertise on the international medical stage and continues with her personal professional development conducting cutting edge research and clinical trials into fungal nail problems.

When I asked Marion what her speciality was, she replied: "I just love helping my clients have healthy feet, and when it comes to feet, I'm pretty good at everything!" When she shared with me some of her cases, it became very obvious that this was not false modesty! Her client list is pretty impressive too... She has treated Olympic athletes, polar explorers, MPs, Grammy award winners, stars of stage and screen, as well as regular mere mortals – and, having met Marion, I know that each and every one of her clients gets the superstar treatment.

**The average person will walk around 15,000 miles in a lifetime, more than 4 times around the earth!**

Using her specialist knowledge, Marion has developed a unique M.Y. RediPolish pedicure treatment for clients using her personally created fabulous nail polish (M.Y. Naturally Enriched Nail Polish) designed to treat and protect the nails with anti-fungal and anti-microbial extracts and vitamins. As she says herself, "I love my job and have a great passion for the work that I do. For each of my clients I devise an individual care plan that will give them the best possible care and outcome."

Her passion for podiatry and her skill at bringing relief to some seriously sore feet is very impressive. She told me that often her clients come to her after having suffered for years. So whatever your foot problems, or needs – corns, callouses, hard skin, cracked heels, skin/nail infections, warts/verruca's, ingrown toe nails, toe nail fungus, cosmetic podiatry, biomechanical assessment, gait analysis, vascular assessment and diabetic foot screenings, foot health checks, or her exclusive M.Y. RediPolish pedicure – don't delay, make an appointment and go see Marion Yau – after treatment with her you will feel like you are walking on clouds!

**Alex Bailey Staines**

Mention this article and get 10% discount on all first consultation appointments booked with Marion Yau at the Harley Medical Foot & Nail Clinic, 1-7 Harley Street, London W1G 9PZ  
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